



SOLDERM VITAMINS



Niacinamide/Nicotinamide/Vitamin B3

Take 1 capsule in the morning and 1 capsule in the evening.

2 month supply



Niacinamide/Nicotinamide/Vitamin B3

+

Vitamin D3

Take 2 capsules in the morning and 2 capsules in the evening.

2000IU of Vitamin D per day - 1 month supply

Nicotinamide or niacinamide is a precursor for NAD and is critical for PARP-1 activity which will decrease inflammation and improve repair of DNA particularly in ultraviolet light-damaged cells.

Nicotinamide has been shown to decrease the number of skin cancers and precancers by over 20% when taken regularly at 500 mg twice a day. Nicotinamide combined with sun avoidance, hats and sunscreens will improve this anticancer effect, although strict sun avoidance can lead to Vitamin D deficiency which also plays a role in the development and progression of skin cancers. **SOLDERM™** is a unique combined product of niacinamide and Vitamin D to help facilitate adequate dosaging of both critical vitamins in the most convenient form.

John K. Geisse, MD

www.solderm.com

